Elmira College CC		2024 Spring		Regular		Week 3	
Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday	
Fresh Stock							
Roasted Corn Chowder	Cauliflower and Cheddar Soup	Chicken & Gnocchi Soup	Hamburger Macaroni Soup	Chicken Tortilla Soup	Hawaiian Chicken Chili	Chef's Choice	
Kale Chicken Noodle Soup	American Bounty Vegetable Soup	Cream of Broccoli Soup	Minestrone Soup	Mexican Corn Soup	Chef's Choice		
Composed Salad							
Crudite w Ranch	Country Tomato Salad	Spaghetti Salad	Elmira Taco Salad	Macaroni Salad	Chef's Choice	Chef's Choice	
	Dilled Cucumber Salad	Potato Salad		Classic Chef Salad			
	Tuscan Tortellini Salad	Spinach and Bacon Salad		Cauliflower Salad			
Lunch - S&F							
Roasted Garlic Vegetables	Grilled BBQ Chicken Quarters	Chickpea Butter Curry	Shrimp and Grits	Salisbury Steak	Tuscan Oven Roasted Chicken	Miso Roasted Cod	
Baked Pesto Chicken	BBQ Vegetarian Baked Beans	Chicken & Butternut Squash Curry	Beans Roasted Green (Haricot Vert)	Beans Roasted Green (Haricot Vert)	Cheddar Mashed Potatoes	Grilled Asparagus	
Pasta Bake	Roasted Root Vegetables	Basmati Rice		Creamy Mashed Potatoes	Corn On The Cob	Jasmine Rice	
Lunch - V2							
Zucchini Parmesan Crisps	Artichoke & Spinach Lasagna	Broccoli Frittata	Lentil "Sloppy Joe" Sandwich	Salad White Bean Zucchini and	Vegan Cuban Bowl	Bean Quesadilla	
Spaghetti & Marinara	Chef's Choice Vegetable	Grilled Lemon Oregano Tofu	Roasted Red Potatoes	Parmesan Peas & Carrots		Corn & Pepper Salad	
Lunch Inspired							
Eats							
Beef Enchilada Rice Bowl	Balsamic Roasted Brussels Sprouts	Beef Kabobs in Moorish Marinade	Herb Marinated Chicken	Brown Sugar BBQ Pork	Blackened Chicken Breast	Pineapple Chili Chicken	
	BBQ Spiced Chicken	Garlic Roasted Red Potatoes	Arroz Brasiliero	Brown Rice Pilaf	Black Beans & Rice	Brown Rice	
Grill -Lunch							
Tzatziki Sauce	Crispy Seasoned Hand Cut French	Sweet Potato Fries	Cuban Sandwich	Italian Sausage on Roll	Omelet Bar	Omelet Bar	
Gyro Bar	Fries	Bold A1 Burger	Grilled Chicken Breast	Roasted Onions & Peppers			
Falafel	Chicken Chipotle Ranch Sandwich	Hand Cut French Fries	Cajun Style Home Fries	Crispy Seasoned Hand Cut French			
	Fire Ranch Fries	Grilled Chicken Breast	Hand Cut French Fries	Fries			
Oven - Lunch							
Chicken Bacon Ranch Pizza	Cheeseburger Pizza	Cheese Pizza	Peanut Butter Banana Pizza	Cheese Pizza	Cheese Pizza	Cheese Pizza	
Cheese Pizza	Cheese Pizza	Pepperoni Pizza	Cheese Pizza	Pepperoni Pizza	Pepperoni Pizza	Pepperoni Pizza	
Pepperoni Pizza	Pepperoni Pizza	BBQ Chicken Flatbread	Pepperoni Pizza	Broccoli White Sauce Pizza	Chef's Choice	Chef's Choice	
Lunch - Bravo							
Omelet Bar	Chicken Caesar Salad Wrap	Lo Mein Bar	Breakfast Smoothie Bar - Allergen Friend	Southwest Rice Bowl			
Dinner - S&F							
Jasmine Rice	Spaghetti Squash	White Cheese Chicken Lasagna EC	Candied Sweet Potatoes	Smoked Gouda Macaroni & Cheese	Sticky Honey Chicken	Chef's Choice	
Teriyaki London Broil	Garlic Herb Crusted Pork Roast	Baked Garlic Bread	Chipotle Glazed Pork Chops	BBQ Shredded Beef on Bun	Yellow Squash	Parmesan Roasted Italian Potatoes	
Broccoli Cauliflower & Carrot	Montreal Roasted Vegetables	Roasted Root Vegetables	Beans Roasted Green (Haricot Vert)	Corn & Green Chiles	Garden Wild Rice		
V2' Dinner							
Chef's Choice Vegetable	Wild Rice w Butternut Squash & Kale	Couscous with Chickpeas and	Dinner Roll	Stir Fried Bok Choy w/Mushroom &	Falafel Bowl	Kale Walnut Pesto Pasta	
Vegetarian Chili - Small Size Batch		Peppers	Eggplant Tofu Lasagna	Lettuce Tofu Fried Rice	Brown Rice and Quinoa	Roasted Cherry Tomato	

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Elmira College CC	2024 Spring			Regular		vveek 3
Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Dinner Inspired						
Eats						
Honey Lemon Chicken	Chipotle Turkey Chili	Chunky Vegetable Paella	Smoked Adobo Marinated Pork Loin	Gingered Beef with Rice	Grilled Buffalo Chicken	Brown Sugar Glazed Ham
Roasted Cauliflower	Roasted Sweet Potatoes	Cilantro Grilled Chicken	Cuban Black Beans		Brown Rice Pilaf	Garlic & Lemon Potatoes
Grill - Dinner						
BBQ Korean Pork Sandwich	Hand Cut French Fries	Crispy Seasoned Hand Cut French	Chicken Cheese Steak	Grilled Chicken Breast		Omelet Bar
Hand Cut French Fries	Crispy Seasoned Hand Cut French	Fries Tuna Melt	Waffle Fries	Chicken Nugget		
Grilled Chicken Breast	Fries	Grilled Chicken Breast	Grilled Chicken Breast	Crispy Seasoned Hand Cut French		
	Irish Style Pork Sausage Banger Grilled Chicken Breast	Gilled Chicken Bleast		Fries		
0	Gilled Chicken Breast					
Oven - Dinner						
Cheese Pizza	Buffalo Fried Chicken Pizza	Meatball Pizza	Cheese Calzone	Loaded Pizza	Cheese Pizza	Cheese Pizza
Pepperoni Pizza	Cheese Pizza	Cheese Pizza	Cheese Pizza	Cheese Pizza	Pepperoni Pizza	Pepperoni Pizza
Cheese Pizza Bagel	Pepperoni Pizza	Pepperoni Pizza	Pepperoni Pizza	Pepperoni Pizza	Chef's Choice	Broccoli White Sauce Pizza
Dinner - Bravo						
Bahn Mi Ramen Bowl	Elmira Chicken Bowl	Pasta Bar	Lebanese Spicy Shrimp	Baked Soft Pretzel	Closed	Closed
				Beer Cheese Dipping Sauce		
				XO Caramel		
				Garlic Butter		
				Chocolate Syrup Topping		
Pasta						
Marinara Sauce	Bolognese	Mushroom Stroganoff Sauce	Garlic Alfredo	Lemon Pesto Chicken over Penne	Chef's Choice	Chef's Choice
Pasta Puttanesca	Marinara Sauce	Marinara Sauce	Marinara Sauce	Alfredo Marinara Sauce	Marinara Sauce	Marinara Sauce