Elmira College CC	2024 Spring			Regular		Week	
Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday	
Fresh Stock							
Ham Potato & String Bean Soup	Beef Stuffed Pepper Soup	New England Clam Chowder	Spicy Corn and Chicken Soup	Chicken Parmesan Soup	Chicken Noodle Soup	Chicken Noodle Soup	
Chicken Noodle Soup	Lemon Chicken Rice Soup	Vegetable Soup	Chicken Tortellini Soup	Philadelphia Pepper Pot Soup	Chef's Choice	Chef's Choice	
Composed Salad							
Deviled Eggs	Hummus with Seasoned Pita Chips	Turkey Cheddar & Bacon Pinwheels	Pimento Pasta Salad	Corn and Black Bean Salad	Chef's Choice	Chef's Choice	
Marinated Pickled Vegetables	Red Penner Hummus		Dijon Red Potato Salad	Arugula & Strawberry Salad			

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Marinated Pickled Vegetables	Red Pepper Hummus		Dijon Red Potato Salad	Arugula & Strawberry Salad		
Italian Style Antipasto Salad	Roasted Garlic Hummus		Chicken Caesar Pasta Salad	Mediterranean Quinoa Salad		
• •	Dill Cucumber Hummus					
Lunch - S&F						
Honey Chili Chicken	Chicken & Shrimp Etouffe	Chicken & Shrimp Etouffe	Balsamic Grilled Chicken	Lemon Pepper Cod	Tuscan Oven Baked Ziti	Lemon Thyme Roasted Chicker
Roasted Carrots & Mushrooms	Cajun Style Home Fries	Mole Sauce	Balsamic Roasted Brussels Sprouts	Lemon Herb Rice	Baked Garlic Bread	Lemon Herb Rice
Egg Fried Rice	Root Vegetable Creole	Grilled Chicken Breast	Rice Pilaf	3-Cheese Baked Cauliflower	Carrots	Cheesy Broccoli
		Spanish Rice				
		Red Pepper Spice Roasted Cauliflower HB				
Lunch - V2						
White Bean and Tomato Saute	Red Beans & Rice	Grilled BBQ Tofu EC	White Bean Cassoulet	Stuffed Zucchini Boats	Stuffed Shells	Jasmine Rice
Green Beans		Roasted Broccoli	Herbed Orzo	Garlic & Lemon Potatoes	Roasted Green Beans	Stir Fry Vegetables
Lunch Inspired						
Eats						
Roasted Garlic Rosemary Chicken	Vegetarian Jambalaya Allergen Free	Honey Lemon Chicken	BBQ Vegetarian Baked Beans	Grilled Chicken Thighs w Onion	Herb Marinated Chicken	Apple Cider Braised Chicken
Jasmine Rice	Vegetable Okra Fresh	Jasmine Rice Ginger Pilaf	Honey Barbecue Pork Chops	Salsa Spanish Rice	Balsamic Grilled Vegetables	Garlic Roasted Red Potatoes
Grill -Lunch				opanish Nice		
Mushroom & Swiss Burger	Chicken Tacos - Allergen Friendly	Roasted Onions & Peppers	Balsamic Grilled Vegetables	Poutine Bowl	Omelet Bar	Omelet Bar
Crispy Seasoned Hand Cut French	Cheese Sauce	Crispy Seasoned Hand Cut French	Hand Cut French Fries	Fouline Bowi	Officiet Bai	Officiet Dai
Fries	Cuban Black Beans	Fries	Ham Salad & Cheddar on Pretzel			
Grilled Chicken Breast	Spanish Rice	Chicken Spiedies	Roll			
Oven - Lunch	- F = 1.1.1.1.1.1.1.1.1.1.1.1.1.1.1.1.1.1.1					
Cheese Pizza	Cheese Pizza	Pepperoni Pizza	Cheese Pizza	Cheese Pizza	Cheese Pizza	Cheese Pizza
Pepperoni Pizza	Pepperoni Pizza	Cheese Pizza	Pepperoni Pizza	Pepperoni Pizza	Pepperoni Pizza	Pepperoni Pizza
Garlic Knot	Italian Sausage Pizza	BBQ Chicken Pizza	Tomato Mozzarella and Basil Pizza	Caramelized Onion Pizza	Breakfast Pizza	Chef's Choice
Lunch - Bravo						
Brk Eggs to Order	Breakfast Smoothie Bar - Allergen	Baked Potato Bar	Chicken Potsticker	Spaghetti and Meatballs		
	Friend		Pork Vegetable Pot Stickers			
			Vegetable Potsticker			
Dinner - S&F						
Filipino Adobo Chicken	Caribbean Grilled Jerk Chicken	Garlic Mashed Potatoes	Herb Marinated Chicken	BBQ Vegetarian Baked Beans	Chicken Tikka Masala	Honey Soy Salmon
White Rice	Rice & Beans (Haitian Style)	Honey Roasted Carrots	Creamy Macaroni & Cheese	BBQ Chicken Drumsticks	Basmati Rice	Tofu Fried Rice

Elmira College CC	2024 Spring			Ke	vveek 2	
Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Dinner - S&F						
Roasted Brussels Sprouts	Roasted Sweet Potatoes	Classic Beef Stew	Green Peas - Blanched	Boiled Potatoes EC	Red Pepper Spice Roasted Cauliflower HB	Chef's Choice Vegetable
V2' Dinner						
General Tso Tempeh	Lentils & Spinach	Sweet Potato & Black Bean Chili	Quinoa Risotto with Mushroom and	Creamy Mushroom Rice Casserole	Hash Brown Potatoes	Roasted Vegetables
Cilantro Brown Rice	Brown Rice	Dinner Roll	Thyme Root Vegetable Creole	Broccoli & Cauliflower	Vegetable Fritatta	Orzo Pesto Pasta
Dinner Inspired						
Eats						
Roasted Red Potatoes	Herb Marinated Chicken	Mexican Red Rice	Citrus Fennel Marinated Chicken	Cajun Chicken Breast	Grilled Chicken	Chicken Marsala
Chicken Piccata - Allergen Friendly	Elmira Roasted Red Potatoes	Adobe Roast Pork - Allergen Friendly	Brown Rice	Yellow Rice	Roasted Red Potatoes	Aglio E Olio Pasta - Allergy Friendly
Grill - Dinner						
Beef Cheesesteak Sandwich - Board	Grill Line Burger 5oz	Cajun Style Home Fries	Grilled Buffalo Chicken	Chili & Cheese Hot Dog		Scrambled Eggs
Hall	Battered Onion Rings	Sausage Egg & Cheese Breakfast	Crispy Seasoned Hand Cut French	Grilled Chicken Breast		Country Scramble
Crispy Seasoned Hand Cut French Fries	Grilled Chicken Breast	Sandwich	Fries	Crispy Seasoned Hand Cut French		Turkey Sausage Patty
Roasted Onions & Peppers		Egg and Cheese on English Muffin	Fire Ranch Fries	Fries		Breakfast Potatoes Elmira
Oven - Dinner						
Chicken Bacon Ranch Pizza	Hawaiian Pizza	Cheesy Pull-Apart Bread Sticks	Meatlover Pizza	Italian Sausage Pizza	Broccoli White Sauce Pizza	Buffalo Fried Chicken Pizza
Cheese Pizza	Cheese Pizza	Cheese Pizza	Cheese Pizza	Cheese Pizza	Cheese Pizza	Cheese Pizza
Pepperoni Pizza	Pepperoni Pizza	Pepperoni Pizza	Pepperoni Pizza	Pepperoni Pizza	Pepperoni Pizza	Pepperoni Pizza
Dinner - Bravo						
Green Leaf Lettuce	Grilled Cheese Bar	Omelet Bar	Mashed Potato Bar	Mac And Cheese Bar EC	Closed	
Kimchi						
Korean Beef and Rice						
Pasta						
Marinara Sauce	Pesto Sauce	Alfredo Sauce	Butternut Pasta w Sage Cream	Meat Sauce	Pesto Sauce	Blush Marinara Sauce
Blush Marinara Sauce	Marinara Sauce	Herb Marinara Sauce	Sauce - All Marinara Sauce	Mushroom Stroganoff Sauce	Marinara Sauce	Marinara Sauce