Dear Students,

As you embark on another promising semester at Elmira College, Elmira Dining Services extends a warm welcome. We hope this message finds you in good health and high spirits.

Recognizing the significance of food allergies and their potential impact on the health and well-being of our students, we are steadfast in our commitment to cultivating a safe and inclusive environment on campus. In this regard, we would like to underscore the importance of effective allergen communication within our community.

Here are some key points that we kindly ask you to keep in mind:

- 1. **Allergen Awareness:** Please familiarize yourself with common allergens, such as nuts, dairy, gluten, and others, that can trigger severe reactions in individuals with allergies. We encourage everyone to educate themselves about these allergens and their potential sources.
- 2. **Responsible Utensil Handling:** When enjoying the on-campus dining venues, we kindly request your diligence in avoiding cross-contamination by refraining from using utensils from one station at another. Your cooperation in this matter is crucial in alleviating the concerns of those with food allergies.
- 3. **Transparent Ingredient Information:** Rest assured that we are working to make ingredient information easily accessible. Dishes will be clearly labeled with their ingredients, emphasizing common allergens, to empower individuals to make informed choices.
- 4. **Communication with Elmira Dining Services:** Should you have specific dietary needs or allergies, we encourage direct communication with our Elmira Dining Services team. We are dedicated to providing assistance and information to accommodate your dietary restrictions.
- 5. **Emergency Response Procedures:** In the rare event of an allergic reaction, please be familiar with the emergency response procedures. Inform campus security, health services, and relevant personnel immediately for a swift and effective response.

Creating a safe and inclusive campus environment is a shared responsibility. By being mindful of those with food allergies, we collectively contribute to the well-being of our entire community.

For any questions or concerns regarding allergen communication on campus, please do not hesitate to reach out to Elmira Dining Services at 607-735-1878/1879/1103.

Thank you for your attention, cooperation, and commitment to a healthy academic year.

Wishing you success and well-being,

Ken Knowles General Manager Elmira Dining Services 607-735-1879