



# ELMIRA COLLEGE

Clarke Health Center

One Park Place

Elmira, NY 14901

Phone (607) 735-1750 Fax (607) 735-1198

Good Afternoon,

We wanted to reach out to you to let you know that we are here for you!

We understand that this is a potentially scary time with several unanswered questions. We are hoping that this communication will answer some of those questions and give some guidance!

If you have been informed that you are in “Isolation,” that means that you have been assigned a single room, a bathroom stall, and a sink. The expectation is that aside from using the restroom, you will stay in your room and not leave the building. You are under orders from the Chemung County Health Department that state that you cannot go to other rooms in the building or leave the building in which you are isolating. If you are found on another floor you may be suspended from Elmira College and receive additional penalties from the Health Department.

You will have in-person contact with Residence Life, Sports Medicine, or Clarke Health Center staff throughout your time in isolation. We will take your temperature, monitor your health, and deliver meals.

Meals will be delivered by Parkhurst three times a day, breakfast at 9am, lunch at Noon and dinner at 6pm. On weekends breakfast is at 10am.

Above and beyond those visits, we are happy to make deliveries, check on you, or answer questions as needed.

This is the contact information for key personnel on campus, should you need any assistance:

- Wendy Fiscus NP- [wfiscus@elmira.edu](mailto:wfiscus@elmira.edu)
- Karl Koeppel '07, Associate Dean of Campus Life- [kkoepfel@elmira.edu](mailto:kkoepfel@elmira.edu)
- RLC Duty Phone- 607-873-4539
- Campus Safety 607-735-1777

**If you have any worsening of symptoms, or if you feel you are having a health emergency, you must call Campus Safety or 911 immediately.**

We will set up a virtual meeting time with you so that we can make sure that you're comfortable and healthy. Someone will reach out to you via email to set that up.

If you have a need for emotional support, we have contracted counselors that are available to meet with virtually. Please call the Clarke Health Center at 607-735-1750 to schedule an appointment.



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Please be aware that you will need to keep your dirty laundry in your room. It cannot be laundered until your isolation period is over. If you need a change of bed linens, please phone the RLC on duty. Clean bedding will be delivered to you, and you will need to keep the soiled linens in your room. When your isolation period is over, just leave all bedding in your room.

Please note that you may not use DoorDash/Instacart or any other food delivery services.

You will receive a supply of plastic trash bags. When you want your trash picked up, please double bag it, and place it outside of your door in the hallway. Facilities staff will pick it up daily.

Your isolation period will last for 10 days after developing symptoms or testing positive for COVID-19. When your time is over, you must be released to resume regular activities on campus by the Clarke Health Center and/or Residence Life.