



ELMIRA COLLEGE

Clarke Health Center

One Park Place | Elmira, NY 14901
Phone (607) 735-1750 | Fax (607) 735-1198

Isolation Guidelines for Students

We wanted to reach out to you to let you know that we are here for you!

We understand that this is a potentially scary time with several unanswered questions. We are hoping that this communication will answer some of those questions and give some guidance.

If you have been informed that you are in "Isolation," that means that you have been assigned a single room, a bathroom stall, and a sink. The expectation is that aside from using the restroom, you will stay in your room and not leave the building. You are under orders from the Chemung County Health Department that state that you cannot go to other rooms in the building or leave the building in which you are isolating. If you are found on another floor, you may be suspended from Elmira College and receive additional penalties from the Health Department.

You will have in-person contact with Residence Life, Sports Medicine, or Health Center staff at least three times daily. We will take your temperature, monitor your health, and deliver meals. Above and beyond those visits, we are happy to make deliveries, check on you, and answer questions as needed. This is the contact information for key personnel on campus, should you need any assistance:

- Wendy Fiscus, NP - wfiscus@elmira.edu
- Amanda Osborne, Assoc. Director of Residence Life - aosborne@elmira.edu
- Residence Life duty phone - 607-873-4539
- Campus Safety - 607-735-1777
- Clarke Health Center - 607-735-1750

If you have any worsening of symptoms, or if you feel you are having a health emergency, you must call Campus Safety or 911 immediately.

We will set up a virtual meeting time with you so that we can make sure that you're comfortable and healthy. Someone will reach out to you via email to set that up.

If you have a need for emotional support, Dr. Kevin Murphy will be available via a virtual meeting. Please reach out to him at kmurphy@elmira.edu, if you would like to talk with him.

Meals will be delivered on the following schedule: Monday through Friday: 8 AM breakfast, Noon lunch, and 6 PM dinner. Weekends: 10 AM breakfast, Noon lunch, and 6 PM dinner.

Please be aware that you will need to keep your dirty laundry in your room. It cannot be laundered until your isolation period is over. If you need a change of bed linens, please call the Residence Life duty phone. Clean bedding will be delivered to you, and you will need to keep the soiled linens in your room. When your isolation period is over, just leave all bedding in your room.

You will receive a supply of plastic trash bags. When you want your trash picked up, please double bag it, and place it outside of your door in the hallway. Facilities staff will pick it up daily.

Your isolation period will last for 10 days after developing symptoms or testing positive for COVID-19. When your time is over, you must be released to resume regular activities on campus by the Clarke Health Center and/or Residence Life.