



ELMIRA COLLEGE
CLARKE HEALTH CENTER

One Park Place
Elmira, NY 14901
Phone (607) 735-1750 Fax (607) 735-1198

Elmira College staff are here for you!

We understand that this is a potentially scary time with several unanswered questions. We are hoping that this communication will answer some of those questions and give some guidance.

If you have been informed that you are in "Isolation," that means that you have been assigned a single room, a bathroom stall, and a sink. The expectation is that aside from using the restroom, you will stay in your room as much as possible and WILL NOT leave the building. You are under orders from the Chemung County Health Department that state that you cannot go to other rooms in the building or leave the building in which you are isolating. If you are found on another floor, you may be suspended from Elmira College and receive additional penalties from the Health Department.

You will have daily in-person contact with Residence Life, Sports Medicine, or Health Center staff. We will take your temperature, monitor your health, and deliver meals. Above and beyond those visits, we are happy to make deliveries, check on you, and answer questions as needed. This is the contact information for key personnel on campus, should you need any assistance:

- Rachel McEvoy '14, NP – rmcevoy14@elmira.edu
- RLC duty phone - 607-873-4539
- Campus Safety - 607-735-1777 (24 hours a day/7 days a week)
- Clarke Health Center - 607-735-1750

If you have any worsening of symptoms, or if you feel you are having a health emergency, you must call Campus Safety or 911 immediately.

We will set up a virtual meeting time with you so that we can make sure that you're comfortable and healthy. Someone will reach out to you via email to set that up.

If you have a need for emotional support, Dr. Kevin Murphy will be available via a virtual meeting. Please reach out to him at kmurphy@elmira.edu, if you would like to talk with him.

Meals will be delivered as close to the times listed on this schedule as possible: Monday through Friday: 9 AM breakfast, Noon lunch, and 6 PM dinner. Weekends: 10 AM breakfast, Noon lunch, and 6 PM dinner. If there are any problems with your meals, please reach out to residence life as soon as possible. **Please note** that while in isolation, you are prohibited from ordering food from an outside source to be delivered to the residence hall.

Please be aware that you will need to keep your dirty laundry in your room. It cannot be laundered until your isolation period is over. If you need a change of bed linens, please phone the RLC on duty. Clean bedding will be delivered to you, and you will need to keep the soiled linens in your room. When your isolation period is over, just leave all borrowed bedding in your room.

Your isolation period will last for 5 days after developing symptoms or testing positive for COVID-19 if you are asymptomatic. If you are still experiencing symptoms after 5 days, your isolation period will be the standard 10 days. When your time is over, you will be released to resume regular activities on campus by the Clarke Health Center and/or Residence Life.

IMPORTANT: ONLY the Nurse Practitioner from the Clarke Health Center can release you from isolation. DO NOT leave until she has done so, regardless of what you have received from the county.

Students who do not comply with the isolation guidelines are subject to COVID-19 sanctions.