



# ELMIRA COLLEGE

January 14, 2021

Student-Athletes & Coaches,

All student-athletes must provide a clear indication that they have read, understand and acknowledge the following information. Student-athletes must respond via their Elmira College email account to their head coaches affirming that you have read, understand, and agree to comply with the details outlined in this letter. Student-athletes will not be permitted to practice until your head coach receives this affirmation via email and forwards the response on to Athletics administration. If you have questions, contact your coach immediately. Please share this memo with any parent or guardian also involved in your decision making.

- As a reminder, team practices are set to begin as early as Monday, January 18 on a staggered basis. Your coach will be relaying your actual practice schedule to you this weekend (January 15-17).
- Once a student-athlete is cleared of all campus testing and quarantine requirements, returns this acknowledgement, and is cleared by athletic trainers, they are then cleared to begin practice.
- **Inner circle** includes all student-athletes, head coaches, assistant coaches, athletic trainers and any other staff members in constant, close proximity to the team.

## Masking

- All inner circle individuals will be properly masked 100% of the time except for when in actual minutes of competition. This includes all practice, all inter-squad scrimmage, on the sidelines, timeouts, on the bench, during strength and conditioning workouts, all travel, athletic training treatments, meetings with coaching staff, and team meetings.
- Masks are to be properly worn during all travel – whether by bus or car.
- Masks must either be issued by the athletic department or approved by athletic training staff. Student-athletes received two approved masks last term. If you did not receive one or need to purchase an additional one, contact your coach.
- Failure to adhere to masking protocol will result in suspension from practice and competition for student-athletes and/or staff.

### Testing

- Elmira College Athletics will follow league and NCAA guidelines for testing according to risk classification.
- During weeks of competition this means testing three times per week for every student-athlete including one test on all travel days.
- All athletics testing will be administered by the athletics trainers on campus. Costs for testing will be covered by the College.
- During pre-season, testing occurs once/week or once/2 weeks depending on risk level.
- If someone has tested positive within 90 days, they do not need to retest. Once they hit the 90-day mark, they will go into the testing protocol as stated above.
- Head coaches will be in touch with their athletes to communicate the testing schedule.

### Positive Tests

- If a student-athlete tests positive, they will immediately go into a 10-day isolation in either Alumni or Anderson Hall.
- The remainder of the team/inner circle for that team will immediately go into quarantine until full contact tracing can be completed according to county requirements. Based on contact tracing, student-athletes may only quarantine for a few hours, but it could be up to 14 days, depending on contact with the positive individual.
- Student-athletes and inner circle personnel found to be in close contact with the positive person will go into a mandatory 14-day quarantine.

### Competition

- While most of our league competition schedules have been released, they are not a guarantee. Our ability to compete depends on our positivity rates, our competitors' positivity rates, county restrictions, and the overall trajectory of the pandemic.

**Your conduct, behavior and adherence to safety and COVID-19 protocols will directly impact our ability to practice and compete.**

If you have questions, contact your coach as soon as possible.

Renee Carlineo  
Associate Vice President  
Elmira College Athletics